



Pips
DANCE ACADEMY

Pips Dance Academy

Your monthly newsletter on all things
Pips!

FEBRUARY EDITION



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health week
Valentine's Day camp
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STAR OF THE MONTH

OSCAR BUTTS

HOT CHOCOLATE WITH US

AMALIE NOLAN



THAT'S A WRAP

A recap of this month at Pips

We've had an amazing month here at Pips! Heres what weve been getting up to



Chesham Festival

What an amazing week we had at Chesham!! More trophies than we've ever had!! All of our dancers did so incredibly well and we are so proud of them

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Valentines Day Camp

We had such a fun day together this half term celebrating everyone we love. Bookings are open now for our Easter camp if you missed out on this one



BDO

The energy at BDO was amazing and all of our dancers were fantastic!! A massive well done to our junior squad for doing so well on their first ever BDO comp!



TRIAL WEEK

We have loved getting to know all the new faces around Pips this month and we look forward to seeing you all grow

BETWEEN THE ROUTINES

Here's a look at all the memories we're making outside of classes

National Pizza Day

For national pizza day one lucky dancer Sienna P won a free pizza!!



World Book Day

We love dress up at Pips! And world book day is no exception we had some amazing costumes and loved hearing about your favourite books



WHATS IN THE WINGS

Events and information

IMPORTANT!!

We would really appreciate it if you could take a few minutes to leave us a online review!! Links are attached below, thank you for your support we couldn't do it without you.

FACEBOOK

YELL

Search Pips Dance Academy on Google to leave us a Google Review



Pips Dance Academy Summer Project 2026

SAVE THE DATE

Our summer camp runs from
17th-21st August and 24th-28th August
Show Weekend 4th-6th September

This year we have 3 options:
Option 1- Age 8-18 Full Camp
Option 2- Age 5-8 Camp
Option 3- Age 11-18 Dancer Camp

Show reveal on World Theatre Day-
Friday 27th March 2026



@PIPSDANCEACADEMY



We would love to create a shoutout sections in the newsletter! Please let us know your achievements outside of dance so that we can celebrate everyone and everything in our dance family

EASTER CAMPS!

DAY 1 - MUSICAL THEATRE
TUESDAY 31ST MARCH

DAY 2 - STREET DANCE/TIKTOK
WEDNESDAY 1ST APRIL

WHY OUR CAMPS SELL OUT →

We aim to always continue providing the best service and opportunities to our dance families and we use your feedback to do this. If you would like to complete this form so we can help you further, we would be really grateful.

FEEDBACK

ONE STEP FURTHER

A little snippet to help you grow as a dancer!!



Dance Term of the Month: Alignment

What is alignment?

Alignment is how your body is lined up when you dance. It means stacking your head, shoulders, ribs, hips, knees, and feet so your body is balanced and supported.

Why is alignment important?

Good alignment helps you dance more safely and with better control. It makes balancing easier, improves technique, and reduces the risk of injury.

How can you improve your alignment?

- Engage your core to support your spine
- Make sure knees track over toes when bending or landing
- Keep weight your weight spread evenly over all your toes
- Use mirrors and teacher corrections to check your posture
- Move slowly sometimes so you can focus on control, not just speed



Birthdays this month



Wishing the happiest of birthdays to our students

Elsie Sprake
Ella Crane
Rosalind Matthews
Aoife ODwyer
Annabel Glusick
Millie Poole
Lyra Coulthard
Belle Hayes
Holly Domeney
Amaya Amber
Darcie Clark

Arabella Corrigan
Jemma DeCosta
Chloe Domeney
Daisy Herbert
Otilie Troup
Evelyn Rush
Marnie O'Leary



If you ever want to talk to someone about your wellbeing or worries, feel free to talk to any of our ambassadors who are always here to help. Pippa is our fully trained designated safeguarding lead and our ambassador team know when and how to raise issues with Pippa. If you are unsure who to talk to, head to pipsdanceacademy.co.uk and meet the fabulous ambassador team along with our inspiring teachers.

